

Cold events associated with high and low NAM-index days. *NAM+*, and *NAM-* are the number of events falling on high and low index days, respectively. Results are based on daily data, JFM 1958-97, except buoy data which are available 1981-1997.

<i>Event type and location</i>	Total	NAM +	NAM -
< -5° C in Bellingham, Wa.	218	25	58
< -3° C in Portland, Or.	271	29	73
< -11° C in Yakima, Wa.	304	38	99
< -10° C in Wenatchee, Wa.	309	39	91
< -12° C in Spokane, Wa.	330	44	92
< -11° C in Moscow, Id.	306	39	82
< -16° C in Missoula, Mt.	324	41	82
< -23° C in Great Falls, Mt.	304	31	90
> trace snow in Seattle, Wa.	146	15	36
> trace snow in Portland, Or.	135	12	43

Thompson and Wallace, Science 2001