

Significant weather events associated with high and low NAM-index days. *NAM+*, and *NAM-* are the number of events falling on high and low index days, respectively. Results are based on daily data, JFM 1958-97, except buoy data which are available 1981-1997.

<i>Event type and location</i>	Total	NAM+	NAM-
<i>Wind events/wave heights</i>			
> 25 knots, Seattle	333	78	27
> 35 knots, Astoria, Or.	251	55	20
Offshore waves > 6.5 m	144	30	12
> 30 knots w/snow, Boston	206	22	45
Offshore waves > 5 m	122	10	36
> 50 knots, Keflavik, Iceland	276	81	19
<i>Blocking days</i>			
Alaska	385	53	98
N. Atlantic	439	1	225
Russia	412	29	82

Thompson and Wallace, Science 2001